



# News & Views

Rush-Presbyterian-St. Luke's Nurses Alumni Association RUSH University College of Nursing

Fall/Winter 2003-04

## A new and improved *News & Views* on the way By Karen Lamb, ND, MS, RN

**This past spring, nursing alumni from St. Luke's, Presbyterian, Presbyterian-St. Luke's and RUSH University were invited to focus groups to talk about RUSH's publications.**

While those who participated in the focus groups said they generally liked *News & Views*, we learned that alumni want to see a few changes, and we're going to make those changes.

For instance, there are the articles. In addition to covering alumni events and College of Nursing news, we're going to bring you more news about what RUSH is doing to advance the nursing profession, with articles on recent developments in patient care and research.

We will also include a calendar of upcoming events, which will feature conferences and programs sponsored by the College of Nursing and the Office of Alumni Relations and community health events hosted by the Medical Center.

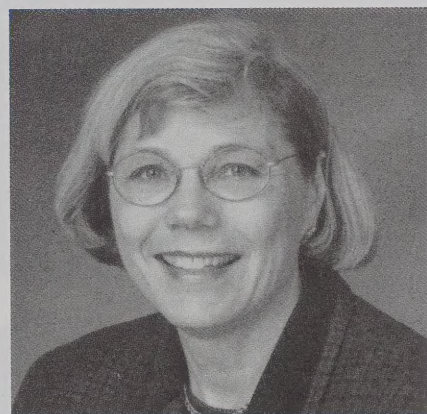
In addition, we are continuing to reach out to our newest generations of

alumni, helping them to stay connected to the rich tradition of RUSH nursing, no matter where the profession takes them after graduation.

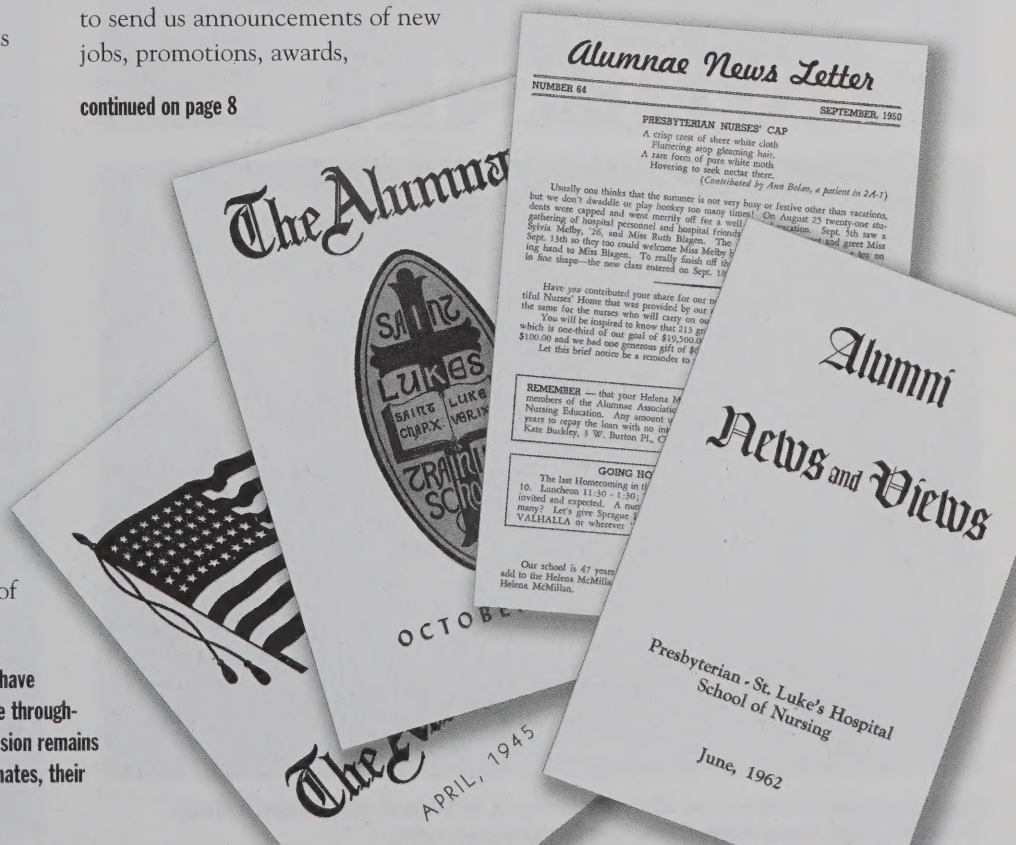
*RUSH Record*, the companion publication of *News & Views*, also features a few improvements, such as shorter articles for speedier reading, and it will be published in May, September and December.

But some things will never change, such as Class Notes, which will continue to be the centerpiece of every issue. As alumni, you're invited to send us announcements of new jobs, promotions, awards,

continued on page 8



Karen Van Dyke Lamb, ND, MS, RN

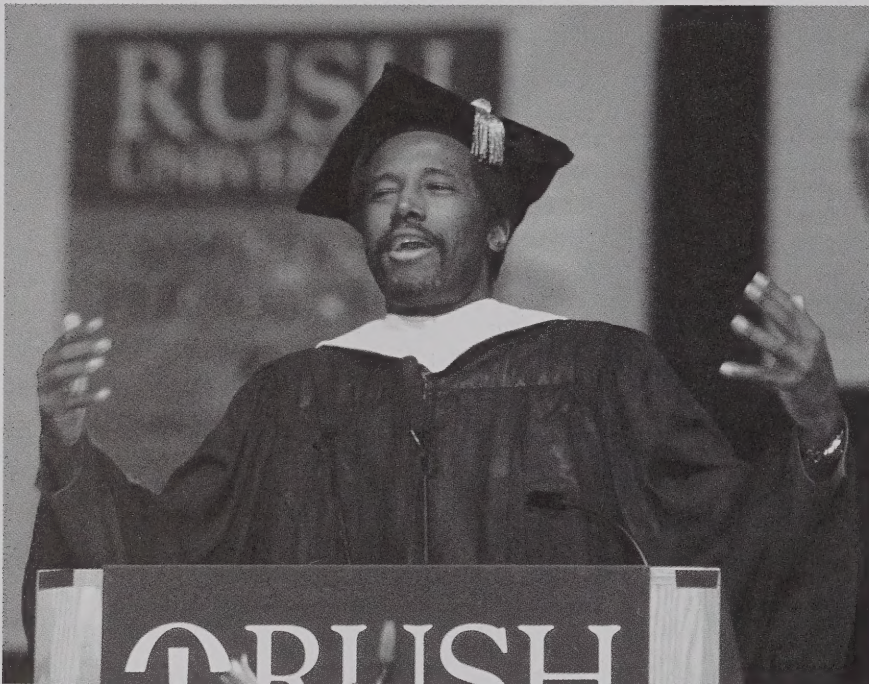


Rush-Presbyterian-St. Luke's alumni publications have undergone many changes in look and in substance throughout the years. In spite of all the changes, our mission remains certain: To keep alumni connected to their classmates, their profession and their schools.



# Words of wisdom

At RUSH University's 30th commencement, 137 nursing students received diplomas, including 74-year-old Lois Maschio, who earned her doctor of nursing degree. Commencement speaker Benjamin Carson, MD, director of pediatric neurosurgery at the Johns Hopkins Medical Institutions, offered his words of wisdom and inspired RUSH graduates to, as the title of one of his books puts it, *Think Big*. "We have to be not only healers of the body but healers of the society," Carson said. "All of us in the health sciences are going to have to become more involved. If we don't, society is going to suffer and health is going to suffer. Think of the kind of country we could have — a truly United States of America — if we all thought of others first."



Commencement speaker Benjamin Carson, MD, (top) offers advice to RUSH University Master's degree recipients (bottom: left to right) Breedge Michelle Cafferty, Marie Campbell and Sean Corbett.

## Stay Connected

### What's new with you?

Your classmates want to know. Please send your latest news — personal and professional — for publication in *News & Views* and on our alumni Web site. Please remember to include your school and class year with all submissions. You can either mail your information to *News & Views* c/o Nurses Alumni Association, RUSH-Presbyterian-St. Luke's Medical Center, 1700 West Van Buren, Suite 250, Chicago, IL 60612 or e-mail [alumni@rush.edu](mailto:alumni@rush.edu)

### Looking for Old Friends

Interested in getting in touch with other nursing alumni? Looking for an old friend? The Office of Alumni Relations would be happy to help. Please contact us at (312) 942-7199 or [katie\\_madden@rush.edu](mailto:katie_madden@rush.edu).

### School Days, Schools Days ...

If you have a funny story, a fond memory or a photograph from your nursing school days, we would like to include it on our Memories Web page. Mail your submissions to Katie Madden in the Office of Alumni Relations, 1700 West Van Buren, Suite 250, Chicago, IL 60612. All photographs will be returned.

### Lost Alumni

We are always on the lookout for "lost" alumni — those we can't find or have lost touch with over the years. And you can help. Please check out the lost alumni page on our Web site at [www.rush.edu/alumni](http://www.rush.edu/alumni). If you know the whereabouts of any alumni listed please e-mail us at [alumni@rush.edu](mailto:alumni@rush.edu) or let them know they are on our lost list. Every little bit of information helps!

### Send In Your E-mail Address

To better keep in touch with our alumni, the Office of Alumni Relations is now collecting e-mail addresses. Please send your e-mail address to [alumni@rush.edu](mailto:alumni@rush.edu). Thank you!

### Homecoming

We are pleased to announce that Homecoming 2003 will be held Friday, October 10, 2003! More information will be available in the coming weeks. Watch your mailbox or the alumni Web site at [www.rush.edu/alumni](http://www.rush.edu/alumni) for additional details.





## Class Notes

### 1920s

**DORIS HOLDREN MEANS**, St. Luke's 1928, recently celebrated her 97th birthday. Upon graduation, Doris did private duty nursing at St. Luke's and later at Presbyterian-St. Luke's, retiring in 1970. She currently lives with her daughter in Minnesota. Both of Doris' daughters followed in her nursing footsteps — Patricia Means Martin graduated from St. Luke's in 1954 and Bonita Means Johnson graduated from Presbyterian-St. Luke's in 1966.

### 1930s

**PAULINE MURPHY AARS**, Presbyterian 1935, is 89 years old and still keeps in touch with her classmates from Presbyterian. Last year they had a mini-reunion at a classmate's home in Florida. Pauline still loves to travel and this past year she went on a trip from Capetown, South Africa, to Athens, Greece, including a safari in Kenya. She still plays bridge and enjoys going to clubs and attending concerts.

### 1940s

**BETTY BARNARD BROWN**, St. Luke's 1940, would love to hear from her classmates. Betty is 84 years old and in good health. She still drives, exercises five times a week and enjoys playing bridge. She is currently living in Indio, Calif., and is happy to be surrounded by her family.

**MARY JANE BARCLAY JUDD**, St. Luke's 1945, would like to say hello to her fellow St. Luke's 1945Bs! Mary Jane resides in California and recently met for lunch with classmates Arlene Haigh Aikins and Ann Evans Shepard. They attribute their long lives to running the corridors of St. Luke's.

### 1950s

**PATRICIA GENTRY HUNTER**, St. Luke's 1958, is currently living in Dyer,

Ill. She was the dean of allied health and nursing at Prairie State College in Chicago Heights, Ill., until her retirement in 1999. Since then she has been busy developing the surgical technology program and writing the accreditation report for Prairie State. For the past year and a half, Pat has served on the Dyer Town Council, and she was recently appointed to the Plan Commission. She is proud to say that she made her second hole-in-one in October of 2002!

**VIRGINIA L. JAEHNE POLLENZ**, St. Luke's 1959, resides in Huntsville, Ala. She is retired after 40 years of working in women's health, community and professional education and as a certified doula. Virginia has been married for 40 years, has three children, five grandchildren and one West Highland terrier. She currently teaches Pilates, studies yoga and is an artist and avid quilter.

**DOROTHY SCHMIDT SHAW**, Presbyterian 1954, is currently living with her husband, George, in Hot Springs Village, Ark. She would love to get in touch with some of her classmates.

### 1960s

**BONNIE GOESEL COHRS, BSN, RN**, Presbyterian-St. Luke's 1967, is living in Peoria, Ill. She has a BSN and is currently working for the University of Illinois.

**KAREN MCCARTY GINTER HAJARIAN**, Presbyterian-St. Luke's 1964, recently celebrated her 10th anniversary at the National Library of Medicine, National Institutes of Health, in Bethesda, Md., where she works as Director of Promotions. She has remarried and now has two children, two step-children and a beautiful granddaughter. Karen is looking forward to seeing her classmates at her 40th reunion in 2004!

**DELIA BENNETT HARTER**, Presbyterian-St. Luke's 1963, has lived in Florida with her husband, Bob, since his retirement in 1996. She is the director of quality management at Gulf Coast Medical Center in Panama City, Fla. Delia is the mother of five grown children, and she has seven grandchildren. She regrets that she will be unable to attend her 40th reunion — her son is getting married that same weekend. Delia says, "Hello to everyone in the class of 1963!"

**RONALD G. INSKEEP**, Presbyterian-St. Luke's 1967, has retired after 35 years in psychiatry. He remains involved in nursing, however, through his membership on the board of the Westchester Nurses Association. Ron has also served four terms on the board of the New York State Nurses Association, where he is a political action committee trustee. He loved seeing everyone at last year's Homecoming and he is looking forward to celebrating with everyone at the 40th anniversary in 2007.

### 1970s

**LINNEA CARLSON-SABELLI, PhD, RN, RUSH** 1978, recently celebrated her 25th anniversary at RUSH.

**PEGGY SUE HICKS GERARD, DNSc, RUSH** 1976 and 1993, was appointed dean of the College of Nursing at Purdue University-Calumet in 2002.

**NANCY STERNBERG KUSHNER, MSN, RN, RUSH** 1977 and 1980, and her husband, Robert Kushner, MD, recently published their first book, "Dr. Kushner's Personality Type Diet." A nurse practitioner for 15 years, Nancy has developed nutritional care programs and written articles on healthy living and cooking. She now oversees the couple's marketing and advertising. They reside in Wilmette, Ill.

continued on page 6



# Homecoming moves to autumn

This year, Homecoming has been moved from June to October 10 and will take place in autumn in following years. But just like years past, we'll offer a day of activities at the Medical Center followed by an evening of revelry at the Homecoming Banquet, to be held at the Embassy Suites Chicago Lakefront. This year we will be honoring those who graduated from the following classes:

## St. Luke's

1933, 1938, 1943, 1948, 1953 and 1958

## Presbyterian

1933, 1938, 1943, 1948, 1953 and 1958

## Presbyterian-St. Luke's

1963 and 1968

## RUSH College of Nursing

1973, 1978, 1983, 1988, 1993 and 1998

## CRNA Graduates

All classes

We will also be marking the 100th anniversary of the Presbyterian Hospital School of Nursing. All Presbyterian alumni will receive an invitation to the Homecoming Banquet, and all other classes are invited to attend!

Don't miss this wonderful opportunity to visit with classmates and old friends, check out what's new at your alma mater and take in some of Chicago's autumn beauty. More details will be arriving in your mailbox shortly. Information will also be posted on the alumni Web site at [www.rush.edu/alumni](http://www.rush.edu/alumni)

Want to know if your favorite classmates will be attending? Need special arrangements? For more information about the weekend, contact Katie Madden, Assistant Director, Office of Alumni Relations, at (312) 942-7199 or by e-mail at [Katie\\_Madden@rush.edu](mailto:Katie_Madden@rush.edu)

See you in October!

## 2003 Homecoming Events

### Thursday, October 9

- 11:30 a.m. Golden Lamp Society Luncheon  
(by invitation)
- 6 to 9:30 p.m. RUSH Alumni Bowling Party  
RUSH University College of Nursing Classes of 1999–2003  
\$25 per person (includes: bowling, pizza buffet, drinks and shoes)

### Friday, October 10

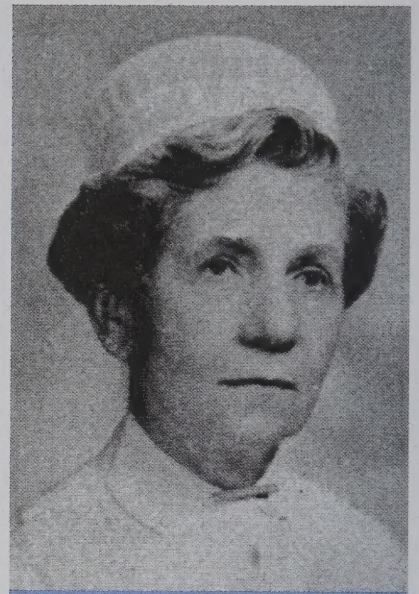
#### At The Medical Center

*The registration fee is \$10 per person, in advance, for the day's events*

- 9 a.m. Registration and Continental Breakfast
- 9:30 to 11:30 a.m. Alumni Program\*  
"Complementary and Alternative Therapies"  
\*Continuing Education Credit is available for program attendees.
- 2 to 3 p.m. Tours led by students and faculty will be departing throughout the hour.
- 3 to 5 p.m. Alumni Reception and Tea

#### Homecoming Banquet

- 6 to 11 p.m. Embassy Suites Chicago Lakefront  
511 N. Columbus Dr., Chicago  
Tickets for the Homecoming Banquet are \$50 per person  
*Parking at the hotel is available at reduced rates for alumni.*



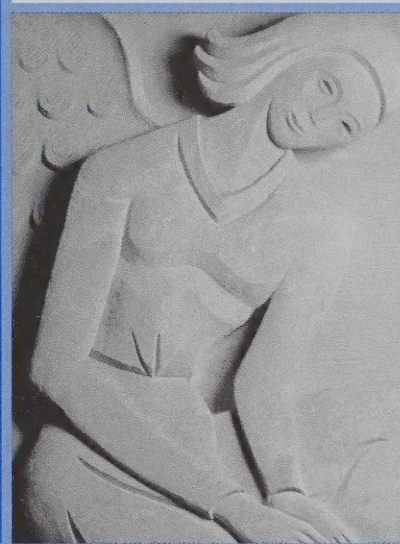


reunion celebration

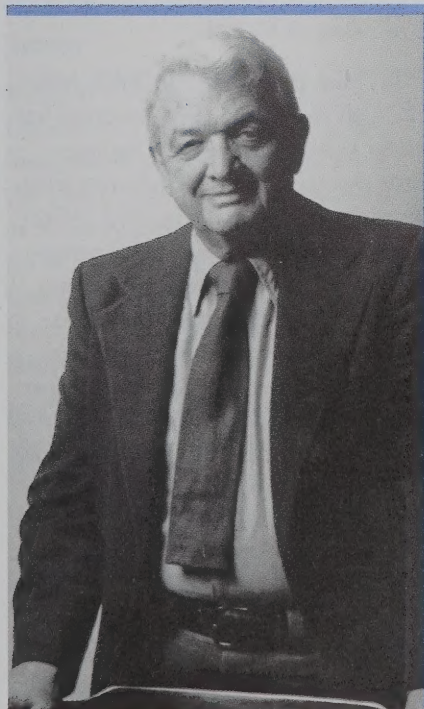
october 10

2003

homecoming



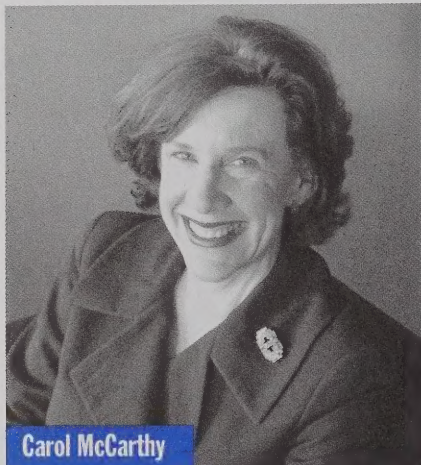
rush-presbyterian-st. luke's  
nurses alumni association





## Class Notes continued from page 3

CAROL MCCARTHY, RUSH 1979, president and founder of McCarroll Marketing in Chicago, was awarded the 2003 Ernst & Young Illinois Entrepreneur of the Year Award for marketing and public relations. McCarthy provides marketing strategy and creative services for health-related organizations including hospitals, medical technology manufacturers, fitness centers and health food makers.



KATHLEEN HANNAFORD POTEMPA, DNSc, RN, RUSH 1978 and 1986, vice president of nursing affairs and dean at Oregon Health and Science University, was recently honored with a Medical Research Foundation of Oregon Mentor Award for her outstanding leadership in nursing research and education at the local, state and national levels. Through her work on the development council of the OHSU School of Nursing, Kathleen played a pivotal role in the establishment of the Rural Nursing Excellence Fund, which provides assistance for rural nursing students, supports community clinics and ensures health care accessibility statewide.

### 1980s

GIA CRISANTI, RUSH 1983, recently celebrated her 20th anniversary at RUSH.

KATHLEEN L. DUNN, MS, RN, CRRN-A, RUSH 1982, is currently living in San Diego, Calif., where she is a clinical nurse specialist and rehabilitation case manager at the Spinal Cord Injury Center at the VA San Diego Healthcare System. She is an active member of the Gamma Gamma chapter of Sigma Theta Tau International. She also serves as the American Association of Spinal Cord Injury Nurses representative on the steering committee for the Consortium of Spinal Cord Medicine, which develops and publishes clinical practice guidelines in the area of SCI. Kathleen recently traveled to Brazil to lecture on SCI care at the University of San Paulo at Ribeirao Preto.

JUDY B. FRIEDRICH, MS, RN, RUSH 1985, was the nurse honoree at the March of Dimes Illinois Chapter's 2002 Jonas Salk Health Leadership Awards, which recognize those who exhibit outstanding leadership in ensuring the health of children and mothers. Judy is currently the quality and education coordinator in women's and children's nursing at RUSH.

AMY TAPPIN GREENING, BSN, RN, RUSH 1987, is currently living in Santa Barbara, Calif. She is a clinical resource nurse for the emergency department at Santa Barbara Cottage Hospital.

BEVERLY LIEFELD HANCOCK, MS, RN, RUSH 1985 and 1991, and EDWIN E. KOPYTKO, MS, RN, RUSH 1983, were recently honored — with the rest of the Nursing Magnet Implementation Team — as Team of the Year at RUSH-Presbyterian-St. Luke's Medical Center. Beverly and Ed's team was instrumental in securing Magnet status for RUSH nurses in May 2002.

NANCY HARTE, MS, RN, CHPN, RUSH 1987, was recently appointed to the board of directors of the Hospice and Palliative Nurses Association. She has been working as a Palliative Care

Specialist at Rainbow Hospice in Park Ridge, Ill.

ELLEN GOROSHNIK KUBISZ, RUSH 1983, has been busy since her graduation. In addition to serving 11 years as a Captain in the United States Airforce Reserves as a registered nurse, she has worked at RUSH, Lutheran General Hospital and Ingalls Memorial Hospital. Ellen currently works at the Rehabilitation Institute of Chicago as a pulmonary rehab nurse, and she will graduate with her MBA from Purdue University in February 2004. Ellen lives in Highland, Ind., and hopes to manage a sleep lab in the future.

JANE LLEWELLYN, DNSc, RN, RUSH 1980, was named vice president for clinical nursing affairs at RUSH. A Medical Center employee since 1972, she has held a number of leadership roles in both hospital operations and the College of Nursing. In addition, Jane was presented with the University of Illinois at Chicago Nursing Institute's 2002 Sage Award for extraordinary mentoring of nurse leaders.

BARBARA MARTIN, PHD, RN, RUSH 1984, recently celebrated her 30th anniversary at RUSH.

MARCIA PENCAK MURPHY, RUSH 1980, recently celebrated her 25th anniversary at RUSH.

CYNTHIA BATES PAULIKAS, MS, RN, CNOR, RUSH 1984, received her master of science degree in management and organizational behavior from Benedictine University in 1992. After spending eight years managing perioperative services, she decided to return to staff nursing a few years ago so she could spend more time with her two children. Cindy is currently working at Osceola Regional Medical Center in Kissimmee, Fla., and she and her family reside in Orlando. She has been married for almost 20 years.

JANICE L. PENNER, RUSH 1983, recently celebrated her 20th anniversary at RUSH.



**RUTHANNE REICHERT TAYLOR, ND, RUSH 1983, 1989 and 1996**, was married in November of 2002. She met her husband when they were both working overseas in Russia, where she was the nurse practitioner for the weapons inspectors working under the S.T.A.R.T. and I.N.F. treaties. Ruthanne is now back in the United States teaching nursing at Waukesha Technical College and working as a nurse practitioner in a local emergency room.

**MARY ZWYGART-STAUFFAUCHER, PhD, RN, RUSH 1981**, was inducted as a fellow in the American Academy of Nursing last November. A certified GNP and GCNS, she is presently professor and chair of the Department of Nursing Systems at the University of Wisconsin-Eau Claire and a practicing GNP with the Red Cedar Clinic/Mayo Health System in Menomonie, Wis.

## 1990s

**HEATHER VALENTINE MITTEN, RUSH 1994**, resides in Tennessee, where she is currently working at St. Jude Children's Research Hospital. She works in the endocrine division, monitoring and treating the many endocrinopathies that children face after receiving chemotherapy and radiation therapy.

**JOSEPH PELLEGRINI, DNSC, CRNA, RUSH 1995 and 1996**, has been named the 2002 Researcher of the Year by the American Association of Nurse Anesthetists. He is the director of Research for the Navy Nurse Corps Anesthesia Program at the Naval School of Health Sciences in Bethesda, Md.

**BETTY RAMBUR, DNSc, RN, RUSH 1991**, is dean of the University of Vermont College of Nursing and Health Sciences and a member of the Fletcher Allen Health Care Board of Trustees.

## 2000s

**LOIS MASCHIO, ND, RUSH 2003**, received her doctorate from the RUSH University College of Nursing on June 14 of this year. At 74 years old, Lois is believed to be the college's oldest graduate. Lois previously earned a bachelor's degree in nursing while working by day and attending school by night. She worked for several years as a nurse in the Chicago area before leaving to raise a family. Once her children were grown, Lois returned to school to earn her master's degree and ultimately her doctorate. For her final doctoral proj-

ect, Lois created a 110-page health information guidebook with information on wellness, sexually transmitted diseases, cancer and heart disease for women in domestic violence shelters. She is currently "fine-tuning" the book in hopes of getting it published.

*If you are interested in getting in touch with any of the alumni mentioned above, or if you are looking for an old friend, the Office of Alumni Relations would be happy to help. You can contact us at (312) 942-7199 or [katie\\_madden@rush.edu](mailto:katie_madden@rush.edu).*

## In Memoriam

### St. Luke's

MISS WILMA BENNINGTON, 1946, of Earlham, Iowa, January 21, 2003.

MRS. DOROTHY STROH GIULIANI, 1951, of Harvey, Ill., December 10, 2002.

MRS. FRANCES LIGON GLEASON, 1948, of Elkhart, Ill., September 19, 2002.

MRS. ALICE CRANE HENKE, 1934, of Chicago, Ill., November 13, 2002.

MRS. LELA MEVERDEN HENKE, 1927, of Sturgeon Bay, Wis., September 30, 2002.

MRS. MARGARET S. LENNARSON, 1947, of Carol Stream, Ill., June 7, 2003.

MRS. LORETTA DE MARS MONSUL, 1948, of Lebanon, N.J., January 25, 2003.

MRS. LULU M. DEMMITH FISHER PAGE, 1938, of West Allis, Wis., November 27, 2002.

MRS. ALICE FREIBERGER SUFAK, 1944, of East Chicago, Ind., December 12, 2002.

MRS. VIRGINIA WOLLENHAUPT TEGEL, 1943, of Cary, Ill., June 19, 2001.

MRS. FLOSSIE BLIZARD VOLLMER, 1923, of Camp Hill, Pa., December 17, 2002.

MRS. DOROTHY PRIEST WALLIO, 1938, of Boulder, Colo., August 1, 2002.

MRS. HELEN FRANTZ WILSON, 1931, of Escanaba, Mich., March 12, 2003.

### Presbyterian

MRS. MARJORIE PLATT BLOUGH, 1956, of Johnstown, Pa., June 1, 2002.

MRS. BETTY FISHER CAMPBELL, 1951, of Centennial, Colo., August 17, 2002.

MRS. ESTELLE JOHNSON DAVIS, 1935, of Bloomer, Wis., June 19, 2002.

MRS. IRENE B. SORENSEN, 1939, of Evanston, Ill., January 2003.



Rush-Presbyterian-St. Luke's  
Nurses Alumni Association  
2001-2003 Board Roster

**President:**

Karen Lamb, ND, MS, RN (Presbyterian-St. Luke's 1967, RUSH 1982 & 1991)

**Vice President:**

Cathy Catrambone, DNSc, MS, RN  
(RUSH 1989 & 2000)

**Secretary/Treasurer:**

Margaret Faut-Callahan, DNSc, CRNA  
(RUSH 1979 & 1984)

**Members at Large:**

Sally Brozenec, PhD, RN (RUSH 1977)  
Liz Van Beek Carlson, DNSc, RN (RUSH 1988), Angel Edwards-Hedberg, BSN (RUSH 2000), Carolyn Wessel Helf, BS, RN, OCN (Presbyterian 1957), Mary Severino Meyer, MSN (RUSH 1994), Martha Mills, MS, RN (Presbyterian-St. Luke's 1965), Nancy Hayda Mills (Presbyterian-St. Luke's 1965), Mildred Hudak Perlia, MSN, RN (Presbyterian 1954), Sandra Scribano Robertson (St. Luke's 1957)

## News & Views

*News & Views* is published twice a year by the Rush-Presbyterian-St. Luke's Nurses Alumni Association. It is produced by the Office of Alumni Relations, Department of Philanthropy, Marketing and Communications, RUSH-Presbyterian-St. Luke's Medical Center, 1700 W. Van Buren St., Chicago, IL 60612 (312) 942-7199; e-mail [alumni@rush.edu](mailto:alumni@rush.edu).

**Editor**

Patrick F. Kelly  
[Patrick\\_Kelly@rush.edu](mailto:Patrick_Kelly@rush.edu)

**Production/Design**

Kristen Wienandt

**Writers**

Jill Waite  
Sean Carr

**Photographers**

RUSH Photography Group

Visit us on the Web at:  
[www.rush.edu/alumni](http://www.rush.edu/alumni)

## Information sessions on degree programs

**Looking to get a master's degree or a doctorate in nursing?**

**Know of someone who is interested in getting a BSN?**

The College of Nursing invites you to attend any of our upcoming information sessions, held at 4:30 p.m. on the second Wednesday of each month. Upcoming dates are Sept. 10, Oct. 8 and Nov. 12. For more information about the sessions or the many degree options available at the college, contact College Admission Services at (312) 942-7100.

RUSH University College of Nursing  
Armour Academic Center, Room 994  
600 S. Paulina St., Chicago

## RUSH Alumni Bowling Party

**You've graduated, you've started your career, and now it's time to bowl.**

Graduates of RUSH University College of Nursing classes of 1999, 2000, 2001, 2002 and 2003 are invited to get reacquainted with classmates at the RUSH Alumni Bowling Party, sponsored by Rush-Presbyterian-St. Luke's Nurses Alumni Association.

**Place:** The Lucky Strike, 2747 N. Lincoln Ave. in Chicago

**Date:** Thursday, Oct. 9, 2003

**Time:** 6 to 9:30 p.m.

**Cost:** \$25 per person

The cost includes bowling, a pizza buffet, drinks (domestic beer, wine and soda) and, of course, those oh-so-stylish bowling shoes. Invitations will be mailed out at the end of this summer; please spread the word among classmates and friends! For more information, contact Katie Madden at (312) 942-7199 or [katie\\_madden@rush.edu](mailto:katie_madden@rush.edu).

## New and improved continued from page 1

research grants, retirements, marriages, births, graduate degrees, In Memoriam and get-togethers — or maybe you just want to share a fond memory you have of your school. This section is only as good as the news you send us, so drop us a line and tell us what you are up to — your classmates want to know!

I'd like to extend a special thanks to our focus group participants. Francis Fullam, who conducted the focus

groups, was wowed by the nurses' honesty and warmth during the sessions. He came out smiling and said, "This is the best focus group I have ever conducted!" (No kidding, he really did say that!)

What Mr. Fullam found out that day is something we've known for years: RUSH-Presbyterian-St. Luke's alumni are truly remarkable people. ●